

Tips on leaving your comfort zone from Paola Alonzo

College Assistance Migrant Program WEST TEXAS A&M UNIVERSITY

Don't be afraid to take risks and get out of your comfort zone. Many times opportunities present themselves, and you may not want to take them because you don't feel qualified, you're scared of starting over, etc. Challenge yourself to say "yes" more, regardless of what you think the outcome may be. Not only will this make you feel more confident. will also increase your perseverance. A little nervousness or fear is good because it means you care, but don't let it stop you from doing amazing things, let it guide you. Remember, there is no room for growth without discomfort.

5 tips to be successful at WT (from Xochilt Cardoza, CAMP Alumni '22):

- 1. Studying is important, but so is your health.
- 2. Join your classes GroupMe! It's a great way to network.
- 3. Don't leave your assignment until the last minute.
- 4. Don't be afraid to speak or ask questions; professors love feedback.
- 5. Ask for help! There are several resources on campus to help you succeed.



IMPORTANT DATES:

- Mar. 01: 2023SP: Payment Deadline by 4 p.m.; 2nd payment for 4 installment plan; 3rd payment for 5 installment plan
- Mar. 07: 2023SP Deans' Day: College of Agriculture and Natural Sciences, College of Business, College of Education and Social Sciences, College of Engineering, and College of Nursing*
- Mar. 10: 2023SP: Dining Hall Closes 1:30 PM
- Mar. 13-17: 2023SP: Spring Break Holiday No Classes
- Mar. 20, 2023: 2023SP: Dining Hall Re-Opens 7 AM after Spring Break
- Mar. 21, 2023: Educator's Networking Night**
- Mar. 22, 2023: Educator's EXPO**
- Mar. 24: CAMP Workshop-Eternal Flame Room at 10:00 AM
- Mar. 29: "Listening to Nostalgia in Contemporary Mexican Media"
- Mar. 31: 2023SP: Last Day to Drop or Withdraw 5 PM (Granted Grade of X-no refunds)

For more University events, click here.

- *=Attendance required.
- **= Education Major/Teacher scholars required

CAMP Shout-outs; Celebrating you!

Congratulations to our Biology Tutor, Annali Flores, for being accepted into the McNair Scholars Program!

• • •

Congratulations to
Koolaid Jammers for
making it to the
Intramural Backetball
Championship!

• • •

Good luck to Katya Diaz on her interview for Rogers LEAD WT.



"We must use our lives to make the world a better place to live, not just to acquire things. That is what we are put on the Earth for."

-Dolores Huerta





VOLUNTEER SERVICE LEARNING OPPORTUNITIES

- Welcome Pardner
 (806) 356-1555
- 7 Star Therapeutic
 Riding Center
 (806) 355-4773
- Family Support
 Services
 - o (806) 342-2503



The value and importance of volunteer service work allows you to give back to your community, increase social skills, build your resume, and teaches you valuable skills.







Lucila's Recruiting Location:

- March 03: Plainiew High School Visit at WTAMU
- March 06: Valley High School CAMP presentation



CONNECT WITH US!

Website:
wtamu.edu/camp
Instagram:
@wtamucamp
Facebook:
CAMP at West
Texas A&M



CAMP Birthdates:

- Mar. 15 -
 - AnnaliFlores
- Mar. 29 -
 - Ana Ruiz



Fabi says...

- Remember to register for "The Big Event" by March 24th
- Good luck on Midterms!
- Have a fun and safe Spring Break!